

Stillness & Flow Registration Policy

Retreats and workshops require an extensive amount of advance planning and expense. The following policy will help ensure that everyone has a well-planned problem-free experience. Space is limited. Please register early to ensure your place. Your space will not be reserved until payment is received. You may register for any event at any time.

Make checks payable to Sharon Hughes or pay online at stillnessandflowyoga.com. Online payments will be processed through paypal.. For more information email me at sharon@stillnessandflowyoga.com.

Early Registration: In order to qualify for early registration price, payment must be received on or before the advance registration date.

Refund Policy: If you cancel 21 days before the event, you will receive a full refund, less an administration fee. The fee will be \$20 for day events or \$50 for overnight events. There will be no refunds after the early registration date.

You may give your space at the event to someone else without penalty. Also, if the event is Sold Out and someone takes your space, then you will receive a refund, less the administration fee.

There will be no refunds for no-shows, late arrivals or early departures.

Waiver of Liability: Participation in the event will involve physical exercise that can result in physical injury. By registering for the event you agree to forever hold harmless Sharon Hughes, her employees, representatives, and the hosting facility from any and all liability or damages resulting from personal injury, theft or loss of personal property. It is always a good idea to consult your health care provider for approval prior to any participation in physical activity.

Registration Form

HSOY Weekend Workshop, \$30

Other Event _____ Amount Enclosed _____

Name: _____

Address: _____

Email Address: _____

Home Phone _____ Work phone: _____

Cell Phone: _____ Yoga Experience: _____

Any health concerns: _____